

# What are the red flag symptoms i should look out for?



## Red flag symptoms prompt referral to secondary care<sup>1</sup>

- Abdominal masses
- A family history of ovarian cancer
- Rectal masses
- Anaemia
- Rectal bleeding
- Unintentional and unexplained weight loss
- A family history of bowel cancer
- Aged >60 years with a change in bowel habit lasting >6 weeks

1. National Institute for Health and Care Excellence. Irritable bowel syndrome in adults – Diagnosis and management of irritable bowel syndrome in primary care (CG61), 2008. London: National Institute for Health and Care Excellence.