

Rhinitis

Setting the standard

Clinical pathway

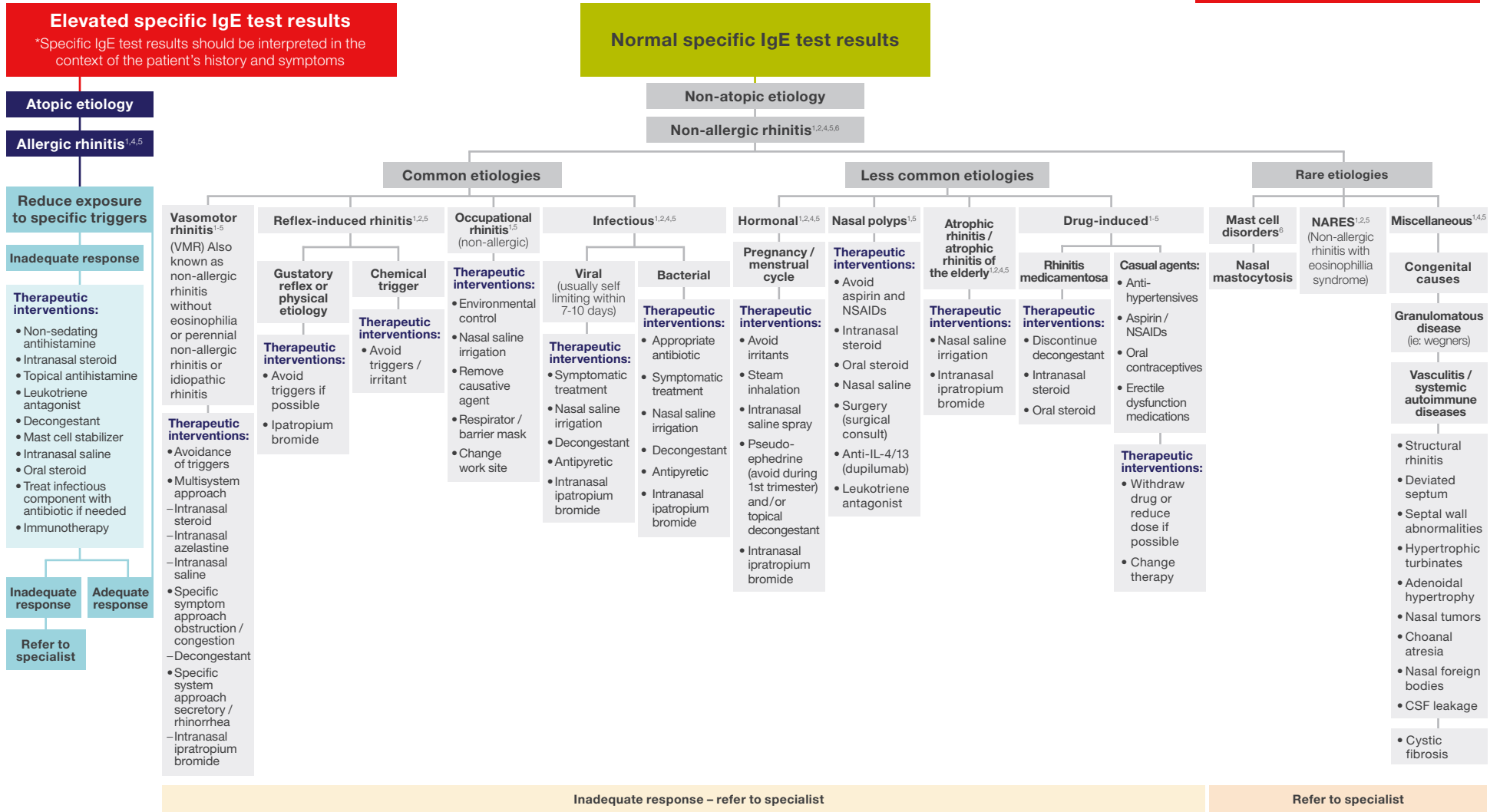
Use specific IgE blood test results to aid in the diagnosis of rhinitis.⁷

- Determine etiology
- Educate the patient
- Make a plan
- Schedule a follow-up appointment or consider an appropriate referral

Allergic and non-allergic symptoms may look the same⁸

- Overlapping symptoms complicate diagnosis
- One study showed nearly 2/3 of patients prescribed antihistamines for their reported allergic rhinitis have symptoms that are not due to allergy
- Specific IgE blood test results play a key role in making the correct diagnosis





References

1. Dykewicz MS, Wallace DV, Amrol DJ, Baroudy FM, Bernstein JA, Craig TJ, Dinakar C, Ellis AK, Finegold I, Golden DBK, Greenhawt MJ, Hagan JB, Horner CC, Khan DA, Lang DM, Larenas-Linnemann DES, Lieberman JA, Meltzer EO, Oppenheimer JJ, Rank MA, Shaker MS, Shaw JL, Steven GC, Stukus DR, Wang J, Chief Editor(s); Dykewicz MS, Wallace DV; Joint Task Force on Practice Parameters; Dinakar C, Ellis AK, Golden DBK, Greenhawt MJ, Horner CC, Khan DA, Lang DM, Lieberman JA, Oppenheimer JJ, Rank MA, Shaker MS, Stukus DR, Wang J; Workgroup Contributors; Dykewicz MS, Wallace DV, Amrol DJ, Baroudy FM, Bernstein JA, Craig TJ, Finegold I, Hagan JB, Larenas-Linnemann DES, Meltzer EO, Shaw JL, Steven GC. Rhinitis 2020: A practice parameter update. *J Allergy Clin Immunol.* 2020 Oct;146(4):721-767. 2. Roland P, McCluggage CM, Schneider GW. Evaluation and Management of Allergic Rhinitis: A Guide for Family Physicians. Austin, TX; 2001. 3. Wheeler PW, Wheeler SF. Vasomotor rhinitis. *Am Fam Physician.* 2005 Sep 15;72(6):1057-62. 4. Tran NP, Vickery J, Blais MS. Management of rhinitis: allergic and non-allergic. *Allergy Asthma Immunol Res.* 2011 Jul;3(3):148-56. 5. Papadopoulos NG, Bernstein JA, Demoly P, Dykewicz M, Fokkens W, Hellings PW, Peters AT, Rondon C, Togias A, Cox LS. Phenotypes and endotypes of rhinitis and their impact on management: a PRACTALL report. *Allergy.* 2015 May;70(5):474-94. 6. Molderings GJ, Brettner S, Homann J, Afrin LB. Mast cell activation disease: a concise practical guide for diagnostic workup and therapeutic options. *J Hematol Oncol.* 2011 Mar 22;4:10. 7. Wallace DV, Dykewicz MS, Bernstein DI, Blessing-Moore J, Cox L, Khan DA, Lang DM, Nicklas RA, Oppenheimer J, Portnoy JM, Randolph CC, Schuller D, Spector SL, Tilles SA; Joint Task Force on Practice; American Academy of Allergy; Asthma & Immunology; American College of Allergy; Asthma and Immunology; Joint Council of Allergy, Asthma and Immunology. The diagnosis and management of rhinitis: an updated practice parameter. *J Allergy Clin Immunol.* 2008 Aug;122(2 Suppl):S1-84. 8. Szeinbach SL, Williams B, Muntendam P, et al. Identification of allergic disease among users of antihistamines. *J Manag Care Pharm.* 2004;10(3):234-238.

Learn more at thermofisher.com/ImmunoCAPsIgE

thermo scientific