Sesame allergy

ImmunoCAP™ Specific IgE tests

Thermo Fisher

ImmunoCAP™ Whole Allergen

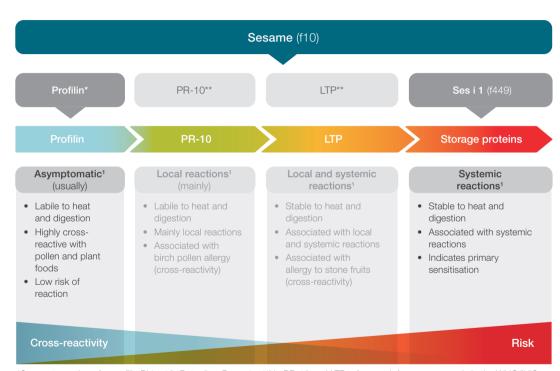
ImmunoCAP™ Allergen Components



Good to know!

- Sesame is often a hidden allergen, therefore there is a high risk of accidental exposure.²
- Sesame allergic patients have a high risk of experiencing severe allergic reactions.

 It has been reported to be even higher than for peanut and tree nut for some allergic patients.^{2,3}



^{*}Surrogate markers for profilin PhI p 12, Bet v 2 or Pru p 4 **No PR-10 and LTP referenced for sesame seeds in the WHO/IUIS



Sesame (f10)	Storage protein Ses i 1	Interpreting results*	Management considerations
+/-	+	Primary sesame allergy is likely	 High risk of severe, systemic symptoms⁶⁻⁹ Sesame avoidance Consider investigations for other potential co-sensitisations (e.g. other seeds and tree nuts) Consider, in context of other risk factors, prescription of an adrenaline autoinjector
+/-	-	Low probability of primary sesame allergy	 Consider further slgE testing with ImmunoCAP Whole Allergen tests for pollens, which may explain the sensitisation to sesame extract. If suspicion of a food allergy persists, consider further slgE testing for tree nuts and seeds, or consider alternative investigations such as sesame oral food challenge^{5,6}
+	_	If all components of the algorithm are negative and f10 is positive, the patient could be sensitised to an untested allergen. ¹	

^{*} Results should always be interpreted in the context of the clinical history.

References: 1. Dramburg S, et al. Pediatr Allergy Immunol 2023;34(Suppl 28):e13854. 2. Adatia A, et al. J Asthma Allergy 2017;10:141-151. 3. Brough HA, et al. J Allergy Clin Immunol 2020;145(4):1231-1239. 4. Maruyama N, et al. Clin Exp Allergy 2016;46(1):163-71. 5. Yanagida N, et al. J Allergy Clin Immunol Pract 2019;7(6):2084-86. 6. Saf S, et al. J Allergy Clin Immunol Pract 2020;8(5):1681-1688. 7. Goldberg MR, et al. Pediatr Allergy Immunol 2021. 8. Nachshon L, et al. J Allergy Clin Immunol Pract 2019;7:2775-81. 9. Pastorello EA, et al. J Chromatogr B Biomed Sci Appl 2001;756(1-2):85-93.

Official product names: ImmunoCAP Allergen f10 Sesame seed; ImmunoCAP Allergen f449, Allergen Component rSes i 1, Sesame seed



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