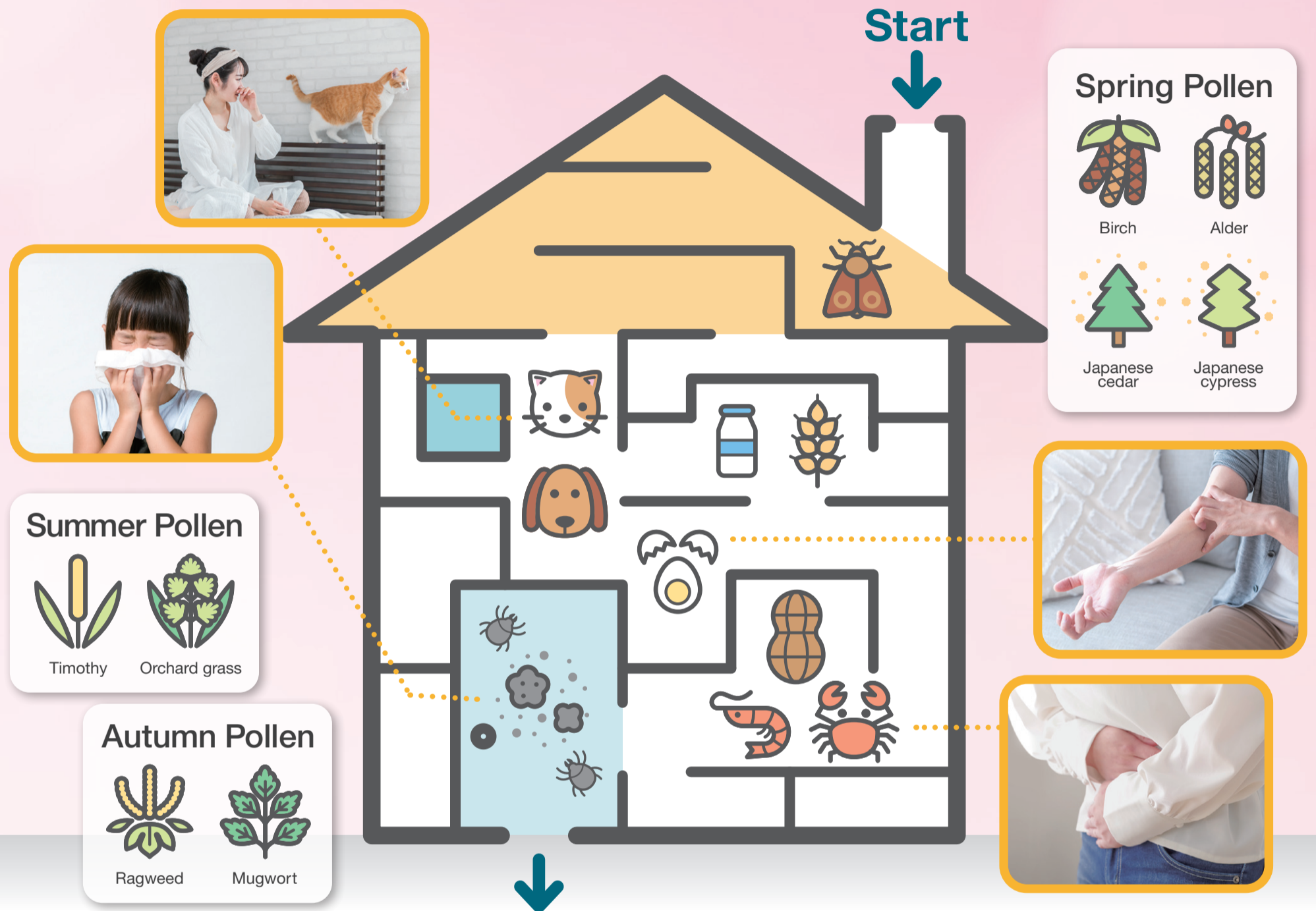


# Could your symptoms be allergy-related?

Unseen allergens may be triggering your symptoms



## An array of substances can trigger allergic reactions

| Pollen/Perennial aeroallergen and latex |   |      |   | Food allergen                                   |           |                         |      |        |                         |          |
|---|---|------|---|---|-----------|-------------------------|------|--------|-------------------------|----------|
| House Dust                              | D. Pterony ssinus<br>House dust 1                 |      | Grass Pollens<br>Orchard grass<br>Timothy | <br>  | Egg       | Egg white<br>Ovomucoid  |      | Beans  | Soybeans<br>Peanuts     | <br>     |
| Animals                                 | Cat dander<br>Dog dander                          | <br> | Weed Pollens<br>Ragweed<br>Mugwort        | <br>  | Milk      | Milk                    |      | Meats  | Chicken<br>Beef,Pork    | <br>     |
| Insects                                 | Moth<br>Cockroach                                 | <br> | Fungi                                     | Alternaria<br>Aspergillus<br>Candida,Malassezia | Grains    | Wheat,Buckwheat<br>Rice | <br> | Fish   | Tuna,Salmon<br>Mackerel |          |
| Tree Pollens                            | Japanese cedar<br>Japanese cypress<br>Alder,Birch |      | Occupational Allergens                    | Latex   | Shellfish | Shrimp/Lobster<br>Crab  | <br> | Fruits | Kiwis,Apple<br>Bananas  | <br><br> |
|   |   |      |   |   |           |                         |      | Others | Sesame                  |          |

Items in blue are related to mandatory labeling and recommended foods for foods containing allergens.

To effectively treat allergies, identifying the cause is essential.  
Consult with the doctor or staff to schedule a test.

Learn more at [thermofisher.com/allergyinsider-jp](https://thermofisher.com/allergyinsider-jp)

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