



IN THE FAMILY: CHILDREN WITH ALLERGIES

Questions to help guide the conversation with
your healthcare professional

Use this list of questions to help get the answers you need about your child's allergies.

1. Why do you think my child has allergies?
2. How is testing done? How often will follow-up testing be done?
3. What could be my child's allergic triggers?
4. Is there any hope my child will outgrow their allergy or combination of allergies?
5. Based on symptoms and test results - What is the advice on possible treatment?
6. What can I do at home or in my life to minimize their allergic reactions?
7. What do I do when my child comes into contact with something they are allergic to?
8. What are some possible reactions I should watch for?
9. What can I do to relieve non-life-threatening allergic reactions?
10. How can I recognize a reaction before it becomes serious?
11. What does an anaphylactic reaction look like?
12. What symptoms are so serious that I should bring my child in?